

# COWBOY STEW



2 cans Progresso minestrone soup

2 cans kidney beans

2 lbs hamburger

1 Onion

1/2 green pepper

Worcestershire sauce

Oregano

Cheddar cheese

Brown hamburger, onions, peppers.

Add soup, kidney beans, Worcestershire sauce & oregano.

Simmer

Top with cheddar cheese

Serve with muffins.